Trifilar Pendulam


$$
T=\frac{1}{2} m \dot{h}^{2}+\frac{1}{2} I \dot{\theta}^{2} \quad \theta: \text { genelized } \text { wordontos }
$$

$u$ mgh
write $h$ in terms
of $\theta$

$$
l^{2}=d^{2}+(l-h)^{2}
$$

$$
\begin{aligned}
& \sqrt{l^{2}-d^{2}}=l-h
\end{aligned}
$$

1rst orde Luen


